

HERTFORDSHIRE COUNTY COUNCIL

**HEALTH AND WELLBEING BOARD
TUESDAY 28 JANUARY 2020 AT 10.00AM**

CHILD AND ADOLESCENT MENTAL HEALTH (CAMHS) UPDATE

Report of David Evans, Chief Executive Herts Valleys CCG (Interim) and Jenny Coles, Director of Children's Services

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1. Purpose of report

1.1. The purpose of this report is to inform the Board on important developments in the system of support for Children and Young People with emotional wellbeing and mental health needs. The report explains the emerging system redesign as well as giving an overview of current performance and new developments around Mental Health Support Teams for schools; a priority in the Sustainability and Transformation Partnership (STP) Children and Maternity workstream.

2. Summary

2.1. CAMHS is a range of provisions supporting the continuum of need that children and young people experience in relation to their mental health and emotional wellbeing and which are funded through health as well as the County Council and voluntary sector. In order to address need as early as possible, the continuum of provision needs to be considered as a system and supported to operate as one.

2.2. Providers of mental health services for children and young people in Hertfordshire report significant challenges in meeting the demand for services. This is despite only a small increase in the national prevalence of rates of mental ill health among children and young people between surveys published in 2004 and 2018.

2.3. The Hertfordshire CAMHS Transformation Plan¹ sets out the priorities of stakeholders in improving mental health outcomes and access to appropriate

¹ The Local CAMHS Transformation Plan is available at:

<http://www.enhertscq.nhs.uk/transforming-mental-health-services-children-and-young-people-camhs>

support including principles for a new model aligned with the Thrive² approach; a needs led model that moves us away from tiers, diagnostic pathways and families 'bouncing around' a fragmented system.

- 2.4. This report provides an overview of the developing model. Alongside this it summarises current performance and waiting times and gives an update on the Trailblazer pilots arising from the 'Transforming children and young people's mental health provision: a Green Paper', published in December 2017 which is bringing new Mental Health Support teams into schools.

3. Recommendation

- 3.1. The Board are asked to:

- 3.1.1 Comment on and note the developing design of the CAMHS system across a range of services to provide a continuum of support detailed in this Report;

- 3.1.2 Discuss the current levels of performance of some of the existing services, the challenges in meeting high levels of demand particularly in Specialist Community CAMHS and the work being undertaken to address this;

- 3.1.3 Note the programme and funding for two further Mental Health Support Teams for Schools awarded to Hertfordshire and West Essex STP.

4. Background

- 4.1. A local review of CAMHS was presented to Hertfordshire Health and Wellbeing Board in 2014. This was closely followed by the Department of Health's Report, Future in mind - Promoting, protecting and improving our children and young people's mental health and wellbeing³. This report presented a vision for children and young peoples' mental health alongside a national announcement of £1.25billion additional funding to transform Child and Adolescent Mental Health Services (CAMHS) over the following five years.

- 4.2. Herts Valleys Clinical Commissioning Group (CCG), East and North Herts CCG and the County Council have joint responsibility for delivery of Hertfordshire's CAMHS Transformation Plan, which aims to increase access for children and young people to early intervention and prevention provision across the five years of the programme to 2020/21. It also focuses on delivering a year on year increase of children and young people with a diagnosable mental health condition receiving treatment.

² A brief overview of the conceptual framework can be found here: http://implementingthrive.org/wp-content/uploads/2019/04/7-Minute-Briefing-THRIVE-Conceptual-Framework-2019_C.pdf

³Future in mind - Promoting, protecting and improving our children and young people's mental health and wellbeing can be found here: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

- 4.3. Progress has been made in a number of areas since 2015. The major areas of additional investment under the CAMHS Transformation Plan have been:
- An expansion of the dedicated Eating Disorders team for children and young people.
 - Improving access to CAMHS services by increasing capacity.
 - Working with schools to improve their knowledge and expertise, as well as improving links to specialist CAMHS services.
 - Increasing availability of support for children and young people experiencing a mental health crisis.
 - Developing a local specialist community perinatal mental health service for mothers during pregnancy and in the first year after birth. This service will see around 730 mothers a year.
 - Reducing waiting times for autism diagnosis.
- 4.4. Hertfordshire is committed to ensuring that the emotional and mental wellbeing of our children and young people is both a priority and a responsibility for all partners. Over the past 12 months, there has been continued investment in, and work towards, increasing access to evidence based mental health interventions in a timely way to help children and young people at the earliest opportunity, develop support for parents and carers, improve support for children and young people experiencing crisis and/or trauma, and engaging in sexually harmful behaviours. Our perinatal mental health service has been shortlisted for an award two years in a row and our eating disorder service has received an award and a number of commendations. Both services continue to receive excellent patient feedback.
- 4.5. Hertfordshire was selected as an early adopter of the Thrive model. There are ten i-THRIVE accelerator sites across England who have been working to implement the THRIVE Framework for system change (Wolpert et al., 2019)² as part of their CAMHS transformation plans since October 2015. The ten accelerator sites were initially selected to receive support for implementation from the National i-THRIVE Programme through the NHS Innovation Accelerator programme. As an accelerator site, Hertfordshire is part of an ongoing evaluation being undertaken by the Anna Freud National Centre for Children and Families in order to assess the local pathways and transformation work.
- 4.6. The NHS has set national targets to increase the number of children and young people accessing NHS funded support in line with the Five Year Forward View for mental health⁴. The numbers who could benefit from help are based on national estimates of prevalence in 2004 and applied to the Hertfordshire population of children and young people in 2015. In Hertfordshire this equates to 21,699 children and young people. In 2017/18 Hertfordshire met the requirement set by the NHS to provide access to provision for 30% of these children and young people and in 18/19 met the 32% target. The 19/20

⁴ The Five Year Forward View for Mental Health can be found at <https://www.england.nhs.uk/wp-content/uploads/2016/07/fyfv-mh.pdf>

target is 34%. The national NHS Long Term Plan⁵ published earlier this year has set out further increases over the next 5 years. Our local ambition is shared with the NHS Long Term Plan to deliver support to 100% of those that need it.

5. Progress on CAMHS Transformation Plan

- 5.1. There is a range of mental health support available for children and young people (CYP) across Hertfordshire, ranging from early intervention and preventative programmes and interventions provided by;
- GPs,
 - the voluntary sector,
 - School Nurses – for example a six week programme of support for mild to moderate anxiety, low mood etc,
 - Health Visitors,
 - Family Centres,
 - YC Hertfordshire - through Supporting You, a group cognitive behaviour therapy (CBT) intervention delivered in the community
 - A range of clinical posts embedded within HCC Children's Services
 - And various websites through to more targeted and specialist support available from health commissioned providers.
- 5.2. Currently, Hertfordshire County Council (on behalf of the two NHS Clinical Commissioning Groups) commissions a range of provision for Children and Young People who require additional support for their mental health and wellbeing. Currently this includes;
- Community Counselling – to provide a range of therapeutic support
 - Step 2 – a lower level emotional wellbeing service provided through Hertfordshire Community NHS Trust (HCT)
 - Positive Behaviour Autism Learning Disability Mental Health Service (PALMS) a specialist multi-disciplinary approach to children and young people aged 0-19 who have a global learning disability and/or Autistic Spectrum Disorder and their families who provide integrated mental health and challenging behaviour support.
 - Kooth – a digital resource to provide free online counselling for 10-25 year olds
 - Specialist CAMHS provision provided by Hertfordshire Partnership University NHS Foundation Trust (HPFT) who are commissioned to deliver the following services:
 - CAMHS Community Specialist Teams – these teams will work with all CYP who need specialist support to help them with their emotional wellbeing and mental health.
 - CAMHS Crisis Assessment and Treatment Team (C-CATT) – this team will provide short term support for CYP who are in crisis, for example those that attend A&E with acute mental health needs

⁵ In 2018, the government announced £20.5bn of additional funding for the NHS in England by 2023/24. The NHS Long Term Plan launched in January 2019 sets out priorities for how this money will be spent over the next ten years. It can be found here: <https://www.longtermplan.nhs.uk/>

- Eating Disorder Team – this team works with CYP who have eating issues and eating disorders.
 - Targeted Team – the Targeted Team is an early intervention service that provides support to children who are looked after (or have a current social worker supporting them) and their wider network (e.g. carer, social worker etc.).
- 5.3. Hertfordshire Partnership University NHS Foundation Trust (HPFT), as the statutory NHS provider of specialist CAMHS, is contracted to meet a locally determined Key Performance Indicator (KPI) of ensuring that an initial assessment of need takes place within 28 days for all new routine referrals. The 28 days to assessment KPI has been challenging for HPFT to meet consistently over the past three years. A recent improvement in performance has been delivered within HPFT Specialist Community CAMHS; numbers of children and young people waiting for an initial assessment has dropped from 465 earlier in the year to 71 in November.
- 5.4. Step 2, is an NHS early intervention service provided by Hertfordshire Community Trust (HCT). It is a children and young people’s mental health service working with 0-19 year olds in Hertfordshire. It offers brief, goal focused interventions to those who have mild to moderate mental health difficulties which are causing distress and impacting on day to day life. Step 2 worked with less cases last year than the year before. Increased complexity has required the service to provide more liaison, consultation and support to other parts of the system. However, in the last 12 months this has increased to the highest rate of accepted referrals in the history of the service. Whilst wait times to access the service had been creeping up since 2017 they are now reducing.
- 5.5. PALMS is a specialist service to support children and young people with learning difficulties or autistic spectrum conditions with mental health problems and behaviour that challenges. It has been through a service improvement journey that has seen significant reductions in waiting times (reduced from 27 weeks to treatment in Nov 2017 to 13.8 weeks to treatment in July 2019) and numbers of children and young people waiting for an intervention. PALMS will also be providing a crisis offer this year.
- 5.6. The Integrated Health and Care Commissioning Team (IHCCT, working on behalf of the CCGs and the County Council) commission four Community Counselling providers. There has been some areas of challenge in delivery and sustainability of provision, however, commissioners are working with the community counselling providers to ensure they are as supported as possible.
- 5.7. Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use. The Kooth contract has consistently over performed. Additional funding has been agreed to ensure a rapid response to Herts users is maintained.

- 5.8. There has been a significant increase in referrals and complexity of need in recent months. There is still work to do to find the best balance between prevention and early intervention to reduce escalation and more specialist clinical interventions required for the most severe needs and complex cases.
- 5.9. To meet these challenges, additional funding has been agreed for extra resources in both Step 2 and Specialist Community CAMHS. This will create capacity and reduce current waiting lists in the short term, while the work continues to embed and co-ordinate the continuum of support model with the aim of relieving a reliance on more specialist services.
- 5.10. The table below demonstrates the impact of the work to address the increase in referrals to Specialist Community CAMHS

Specialist CAMHS backlog programme (August to November) complete	
Specialist CAMHS number waiting for assessment Aug 19	465
Specialist CAMHS % assessed within 28 days Aug 19	25.48%
Specialist CAMHS number waiting for assessment Dec 19	69
Specialist CAMHS % assessed within 28 days Dec 19	94%

- 5.11. HPFT and HCT are actively exploring opportunities to work together to improve and supplement existing services and address capacity issues. HPFT are already working with a digital provider to deliver online assessment and post diagnostic support for Children and young people with ADHD. HPFT and HCT are exploring the potential for this digital provider to undertake assessments and provide online Cognitive Behavioural Therapy (CBT).
- 5.12. HPFT and HCT have put forward a proposal to pilot a joint assessment team co-located in HPFT's Single Point of Access (SPA). This model will extend the current offer for the benefit of children and young people and families enabling prompt access, assessment and brief interventions where assessed to be appropriate. The services are exploring a joint offer at the interface with each other to ensure children and young people do not face delays whilst services identify which one is the most appropriate to meet their needs.

6. Developing the model for Child and Adolescent Mental Health Services in Hertfordshire

- 6.1. In Hertfordshire, our vision and overall aim is that children, young people, their families and professionals can access timely and responsive emotional and or mental health information, advice and support through a single multiagency gateway. This gateway will lead to effective triage based on needs rather than presenting issues or diagnosis. This single front door will also provide access to a continuum of emotional and mental health provision accessed by a single trusted referral.

- 6.2. It is recognised that the current CAMHS system offers a range of support for children and young people and their families, including county council funded services such as Family Centres, YC Herts, school nursing etc, however co-ordination can be improved to navigate the services available as well as providing access to self help to empower children, young people, parents and professionals.
- 6.3. In response to this, service leads from the County Council's Children's Services, Hertfordshire Community Trust (HCT) and Hertfordshire Partnership NHS Foundation Trust (HPFT), with support from Integrated Health and Care Commissioning Team (IHCCT), are working together to strengthen particularly the Early Help offer for children, young people, their families and the professionals that support them.
- 6.4. The key strategic objectives remain:
- Children and young people are at the centre of the model and involved in their care, through a co-ordinated care approach that allows them to move up and down the continuum of need as appropriate
 - The wider determinants of emotional wellbeing concerns and poor mental health (e.g. environmental, whole family) will be considered to ensure holistic approaches to care and support
 - The development of a shared performance management framework, shared and defined outcomes and systemic monitoring arrangements
 - A system of continuous improvement that seeks to use evidence to support best practice and systemic service improvement.
 - Trusted referral mechanisms and consistency in practice across the county to ensure an equitable offer of support, wherever the child or young person is based.
 - An upskilled more knowledgeable workforce and a reduction in inappropriate referrals
- 6.5. The further development of the model for CAMHS has four key work strands;
- **Strand 1** - Developing a robust 'front door' that will ensure that all families have sufficient information and receive the right help at the right time
 - **Strand 2** - Increasing the range of provision available within the system, by developing new approaches to delivery and broadening the number of interventions available. Focussing on early support to reduce escalation of need. Ensuring available provision is responsive to current needs
 - **Strand 3** - Taking an integrated and locally focused approach to the delivery of CAMHS in line with the Thrive Model, which moves away from the tiered system to provide a planning framework focused on needs.
 - **Strand 4** - Enabling shared outcomes and performance management to ensure resource allocation is based on the needs of Hertfordshire families, providing a responsive system that provides help at the earliest opportunity.

- 6.6. Supporting and underpinning this there are four key pieces of work that will inform the implementation of this model:
- Demand and Capacity review
 - A CAMHS Workforce Strategy that will ensure that the skills and staffing reflect the needs of children and young people in Hertfordshire.
 - Development of the Target Operating Model for the new system
 - The all age Mental Health Joint Strategic Needs Assessment (JSNA)
- 6.7. An immediate focus is on understanding the current demand and capacity of services, and a review of existing pathways and service provision. An independent organisation has been commissioned to analyse data from a range of providers. The demand and capacity review is nearing completion and will highlight current capacity, how much additional capacity will be required if we continue to deliver our services in the same way, what unmet need exists and what recommendations for the future the analysis is directing us to. This will help to inform the planning for the next stage of development of the continuum of support.

7. Green Paper Trailblazer

- 7.1. In December 2017, central government published “Transforming children and young people’s mental health provision: a green paper”. A primary focus of the green paper was a focus on earlier intervention and prevention, especially in and linked to schools and colleges. Within that ambition, the green paper set out three main proposals:
- A designated mental health lead in each school
 - Mental Health Support Teams (MHST’s) working with schools to strengthen support for children and young people with mental health issues
 - A reduction in waiting times for CAMHS with the aim that everyone would start treatment within 28 days of referral
- 7.2. In July 2018 Clinical Commissioning Group (CCG) areas, which met pre selection criteria, were invited to apply to become trailblazer sites to deliver points 2 and 3 of the above proposals. East and North Herts CCG and Herts Valleys CCG were among the areas selected.
- 7.3. In September 2018 a partnership application between East and North CCG, Herts Valleys CCG, the County Council Hertfordshire Community Trust (HCT) and Hertfordshire Partnership NHS Foundation Trust (HPFT) was submitted. The bid, and partnership approach, had the full backing of Children and Young People’s Emotional and Mental Wellbeing Board which oversees CAMHS transformation in Hertfordshire.
- 7.4. In December 2018, it was announced that Hertfordshire had been successful in their application and would be one of 25 national trailblazer sites in the first

rollout of Mental Health School Teams (MHST). The initial trailblazer for Hertfordshire was for two MHSTs, one in each CCG area.

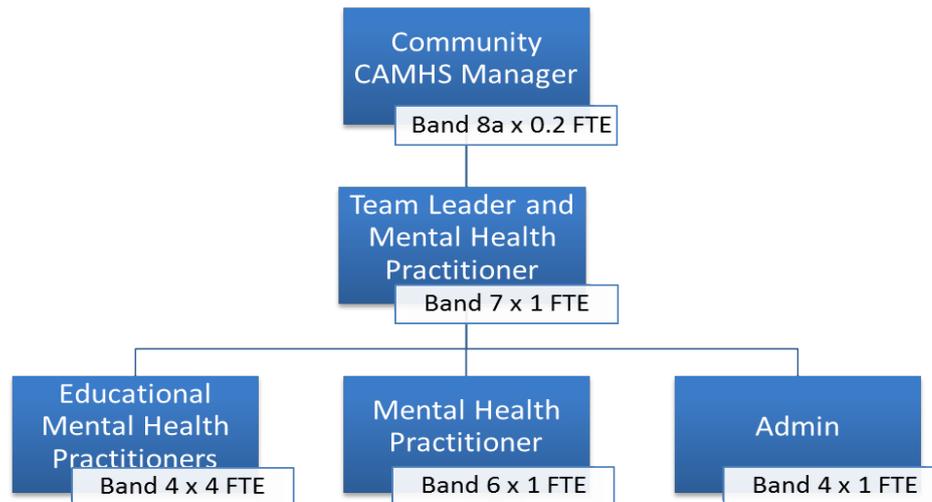
- 7.5. The two initial Hertfordshire teams cover selected schools in the districts of Broxbourne and St Albans due to the high numbers of CAMHS referrals seen in these parts of the region. Further, children and young people involved in developing the bid were particularly keen for a team to work within an area with high levels of academic pressure.
- 7.6. Training for the initial cohort of MHSTs commenced in January 2019, with the expectation that the MHSTs will be fully operational by December 2019. The new local MHST's will address the needs of children and young people by:
 - Delivering evidence based interventions in or close to schools and colleges for those with mild to moderate mental health issues.
 - Helping children and young people with more severe needs to access the right support.
 - Working with and within schools and colleges, providing a link to specialist NHS services.
 - Building on and increasing support already in place, rather than replacing it
- 7.7. Initial central government funding will fully fund these teams up to March 2021. (The Green Paper ambition and NHS Long Term Plan is to roll these teams out across the country). Each team will be expected to see around 500 children and young people a year.
- 7.8. The Trailblazer Implementation Group has been established to oversee the Implementation of the Trailblazer in Hertfordshire. The group comprises partners across Health, Education, and Children's Services, and will oversee the Project Plan milestones and provide oversight and support to the project manager.
- 7.9. In order to support the programme, a project manager has been recruited to ensure that key milestones are met as well as ensuring stakeholders are informed and engaged. Clinical leadership from within HPFT and an assistant psychologist to support reporting are also in place.

The Mental Health Support Teams

- 7.10. The first cohort of trainees came into placement in January and will be concluding their training in December. A full induction was provided to ensure that they have a good understanding of Hertfordshire and the children's system.
- 7.11. The MHST trainees have been initially employed by Camden and Islington NHS Foundation Trust whilst undertaking the training, and will then move to Hertfordshire Partnership University NHS Foundation Trust employment with

effect from December 2019. The CAMHS community managers will supervise the MHST team leader, leading to an integrated system which enhances the Thrive approach.

7.12. The MHST structure is as follows (bands are NHS salary bands):



7.13. The trainees are currently on placement three days a week. The course is a postgraduate diploma, similar to the Children's Wellbeing Practitioner course with the addition of units around working with schools and enhanced assessment. The training will qualify the trainees to deliver evidence-based interventions for low mood, anxiety and behavioural symptoms.

Schools involved in the Trailblazer

7.14. Settings involved in the programme include mainstream secondary and primary schools, independent Schools, Special Schools, Education Support Centres (ESC) and Further Education colleges. Pre selection criteria for schools included the need to have an established mental health lead already held on the Hertfordshire database. However, the schools have a range of pastoral infrastructure and are at different stages in relation to their whole school / college approach and Hertfordshire Kite Mark status.

7.15. A further criteria for schools to apply was the need for them to agree to:

- Appoint a senior point of contact to liaise with the project leads
- Commit to co-producing aspects of the project with children and young people and parents
- Commit to monitoring and evaluation requirements
- Commit to the new teams providing additional support, not substituting existing support
- Provide appropriate accommodation to the allocated worker to deliver group, individual interventions and consultation / training with staff

- Understand that the teams are in a pilot learning phase between January and December and as such all parties will be working towards developing the offer and expectations will be managed to this effect
- Offer trainee placements for Education Mental Health Workers during their training year (between March and December 2019)

7.16. Schools that could meet the above criteria were invited to submit their expressions of interest. Two Hub schools have been identified to provide space for the team to have meetings / supervision / touchdown for the duration of the pilot. One is Rivers ESC and the other is a mainstream secondary school, St Albans Girls School.

7.17. A number of co-production sessions took place in each area so that schools, the teams, parents, pupils and local services co-produce the model and test ideas prior to defining the delivery from December. These have since evolved into regular network meetings across agencies.

7.18. Green paper Trailblazer Partner Schools 18/19 cohort:

MHST East Herts: Broxbourne Schools	MHST West Herts: St Albans Schools
Haileybury and Imperial Service College	St Albans School
Hertford Regional College	Oaklands College
Rivers ESC (Hub School EAST)	Links ESC
Hailey Hall	Batchwood
John Warner	St Luke's
Robert Barclay	St Albans Girls (Hub School WEST)
Broxbourne	Verulam
Presdales	Beaumont
St Joseph's	Marlborough
St Augustine's	Nicholas Breakspear
Wormley	Bernard's Heath Junior
Forres	Cunningham Hill Infants
	Fleetville Junior
	Wheatfield's Infants
	Maple
	St Michaels C of E VA
	Prae Wood
	Killigrew
	Margaret Wix
	Aboyne Lodge

Children, Young People and Parent/Carer Feedback

- 7.19. Feedback from children and young people indicated that a range of referral mechanisms is necessary in order to make the service accessible. The key themes identified by children and young people which will be incorporated into the Hertfordshire model are:
- Provision will be delivered in community venues not just schools
 - Improved links with specialist CAMHS and the voluntary sector
 - MHSTs will target geographical areas of deprivation
 - Academic stress is a growing issue so MHSTs will also target high achieving schools/pupils
- 7.20. HPFT's Youth Council is also keen to develop a working group specifically around the development of MH Support in schools supported by the children and young people's Engagement worker and the Strategic Leads for Mental Health in Education. This working group will continue with co-production and ongoing engagement throughout the Trailblazer pilot.
- 7.21. The CAMHS Parent and Carer forum fully supports the proposed approach and is supportive of MHSTs being located, or working with ESCs. They felt that they could add value to the offer for pupils at the centre as well as those in mainstream schools linked to the ESC by providing timely support co-ordinated with educational interventions. Existing CWP's have raised that interventions for mild to moderate need may not be appropriate for our high needs settings – it is important we test this and demonstrate to NHS England the complexity of some of the young people in our schools and other settings.
- 7.22. Parents also raised the need to support pupils that have stopped attending school as a result of mental health issues and felt that dedicated workers to focus on this cohort would be an effective use of the resource.

Two Further teams announced June 2019

- 7.23. In May, local areas were invited to submit expressions of interest for the second wave of funding and trainees. Local areas were asked to submit these on Sustainability & Transformation Partnership (STP) footprints. Therefore, our second bid was made on behalf of Herts Valleys, East and North Herts and West Essex CCGs. NHS England also required local areas to demonstrate how the new teams would support vulnerable groups and particularly areas of high deprivation.
- 7.24. The second bid requested a further four teams – one for Harlow (the most deprived ward in the STP), followed by Stevenage and Watford. The bid also laid out a pilot within a pilot to test a team for special schools. In June, Hertfordshire and West Essex were informed that the bid had been successful in respect of the team for Harlow (to be hosted by Mind in West Essex) and the special schools team (to work across the STP and be hosted by the Positive Behaviour, Autism and Learning Difficulty Mental Health Service (PALMS)).

- 7.25. On this occasion, the providers were able to be part of the selection process and trainees were clearer on their final destination. The programme support from Wave 1 will wrap around these new teams and providers to provide support and develop consistency and shared learning. The PALMS service are working closely with the Higher Education Institution to make the special school team work; there is no training in the existing programme to equip the trainees to work in special schools – PALMS will provide training, shadowing and close supervised co-delivery: this will evolve into a blueprint for the future national training model.
- 7.26. The volume of work involved for the providers in establishing an electronic patient record that meets both the requirements of the course and the national expectations around sharing data on access and outcomes, ordering equipment, agreeing procedures, agreeing Job Descriptions and recruiting to posts etc without precedent cannot be underestimated. They are to be commended for their supportive approach to this project.
- 7.27. The new cohort of trainees started in October 2019 and will be fully operational in September 2020.
- 7.28. Green paper Trailblazer Partner Schools 19/20 cohort:

MHST West Essex: Harlow Schools	MHST Herts and West Essex: Special Schools
Longwood Primary Academy	Forest Hall School
Burnt Mill Academy	Oak View School
Cooks Spinney Primary Academy and Nursery	Wells Park School
Passmores Academy	The Collett School
Epping St Johns Church of England School	Southfield School
Freshwaters Primary Academy	The Valley School
Little Parndon Primary Academy	Woolgrove School
Harlow College	Garston Manor
Pear Tree Mead Academy	Colnbrook School
Sir Frederick Gibberd College	Middleton School
St Alban's Catholic Academy	
St Luke's Catholic Academy	
Hare Street Community Primary School & Nursery	
Longwood Primary Academy	
Abbotsweld Primary Academy	
Jerounds Primary Academy	
Katherines Primary Academy	
Latton Green	

8. Long Term Plan

- 8.1. The NHS Long Term Plan focuses considerable attention on the need to scale up and improve mental health support for children, young people and young adults. Specific proposals include plans for the expansion of community-

based crisis services for children and young people, for at least one-fifth of schools and colleges to have a mental health support team in place by the end of 2023, and for a feasibility test for a national access and waiting time standard for specialist services. The Plan also seeks to address the perennial issue of transitions between child and adult mental health services by creating a comprehensive offer for 0-25 year olds.

8.2. To ensure funding for these developments, the Plan pledges that funding for children and young people’s mental health will rise faster than the average for the NHS and more than for mental health services for adults. The table below details the cumulative additional NHS funding for Hertfordshire over the next four financial years.

Additional NHS funding to meet long term plan ambitions:

	2020/21	2021/22	2022/23	2023/24
Community based services and crisis services	£705,757	£1,298,063	£2,423,424	£3,671,999
Eating disorder services	£216,065	£227,510	£235,269	£242,887
Total	£921,822	£1,525,573	£2,658,693	£3,914,886

8.3 The total annual value of CAMHS contracts commissioned by the Integrated Health and Care Commissioning Team is £21.1m. HCC Children’s Services contributes £2m towards CAMH services and projects commissioned by the Integrated Health and Care Commissioning Team. HCC also commission / deliver a range of provision across Children’s Services to address mental health and emotional wellbeing. This equates to approx. £546K.

9.0. Conclusion Summary

9.1. In conclusion there have been challenges in meeting the demand for services as stigma is reducing and more people are reaching out for support. Efforts by the continuum of services to improve access to early support and joining up the system continue across the Health & Wellbeing Board partnership. There is significant development and investment underway to deliver improvements for integrated access and risk based support pathways as well as support in schools.

Report signed off by	n/a
Sponsoring HWB Member/s	David Evans, Jenny Coles, Beverley Flowers
Hertfordshire HWB Strategy priorities supported by this report	Starting Well, Developing Well
Needs assessment	Completed
Consultation/public involvement	Ongoing

Equality and diversity implications	
Equality Impact Assessment completed as part of CAMHS local transformation plan	
Acronyms or terms used. eg:	
Initials	In full
CAMHS	Child and Adolescent Mental Health Services