

# Public Health Quarterly Report – 2019/20 Q1

APPENDIX 1

## Key departmental performance, outcomes and ongoing work

### Key Messages

- ◆ One complaint and no compliments were received in the most recent quarter
- ◆ The uptake of weight management services has decreased this quarter as expected due to seasonal trends. The % completing and achieving a 5% weight loss continues to exceed KPIs.
- ◆ The numbers entering stop smoking services remains stable and work is ongoing to increase completion rates.
- ◆ 300,349 Health Checks have been offered and 152,172 delivered since Q1 2014/15 (5 years rolling programme)
- ◆ The Beezee Families programmes are running well. Retention rates since the service started have exceeded expectations. For the Group I the retention rate was 85% (75% required).
- ◆ Over the last 12 months, Hertfordshire has achieved 966 out of 3464 (27.89%) successful completions of drug and alcohol treatment which is higher than the National average of 21.08%
- ◆ Attendance to sexual health services has not significantly changed in Q4
- ◆ No significant changes to STI testing in Q4, however, Gonorrhoea diagnosis continues to increase.
- ◆ Q4 has seen an increase in number of EHC provided by Pharmacies.  
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- ◆ In Quarter 4 Public Health Nursing had delivered 64% of the target for vision and audiology screening, on track to meet the 90% target.

### About this report

Service data is presented at the top of each page with, where available, relevant wider public health data below to support the interpretation of service data (see iconography guide below) showing comparisons with England and similar authorities (10 closest CIPFA statistical neighbours, ranked best/highest = 1) as well as district variation. Beneath this is a brief summary of the service covering any major changes, developments or work being undertaken.

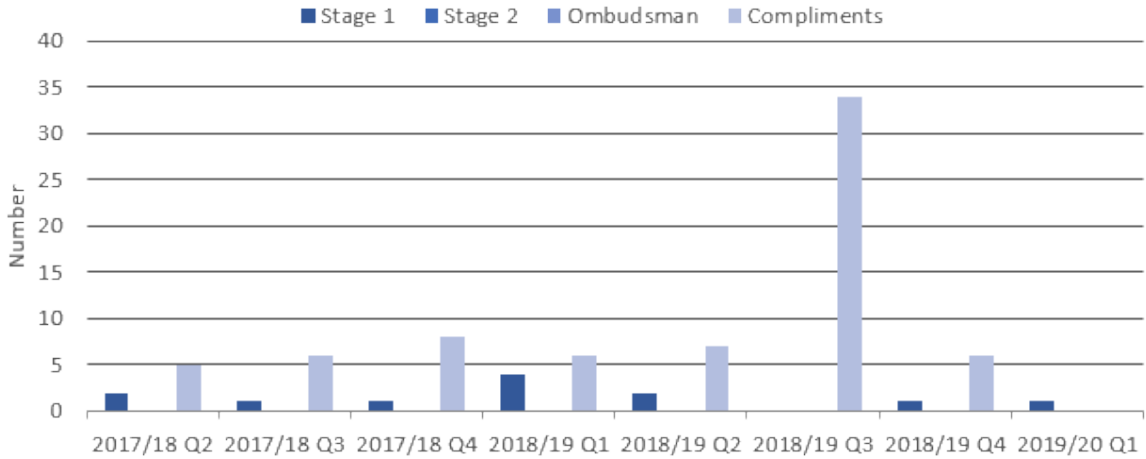
**Colours**

- Statistically significant better
- Statistically significant worse
- Not statistically significantly different
- Statistically significant increase
- Statistically significant decrease

**Icons**

- ↑ Increase in value
- ↓ Decrease in value
- No change in value / no trend
- No data / no update

PH1: Complaints and Compliments

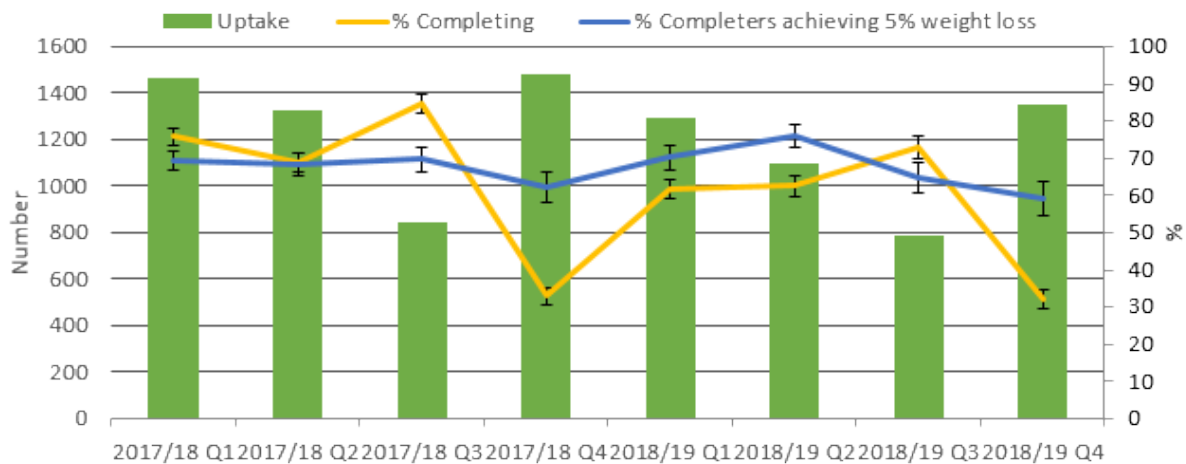


One complaint and no compliments were received in the most recent quarter

Assessment	Actions
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The complaint was about the Herts Warmer HomesNone scheme. This related to poor communication from the surveyor and was passed back to the installation company to rectify

PH3: Adult Weight Management: uptake and % achieving 5% weight loss



The uptake of weight management services has decreased this quarter as expected due to seasonal trends. The % completing and achieving a 5% weight loss continues to exceed KPIs.

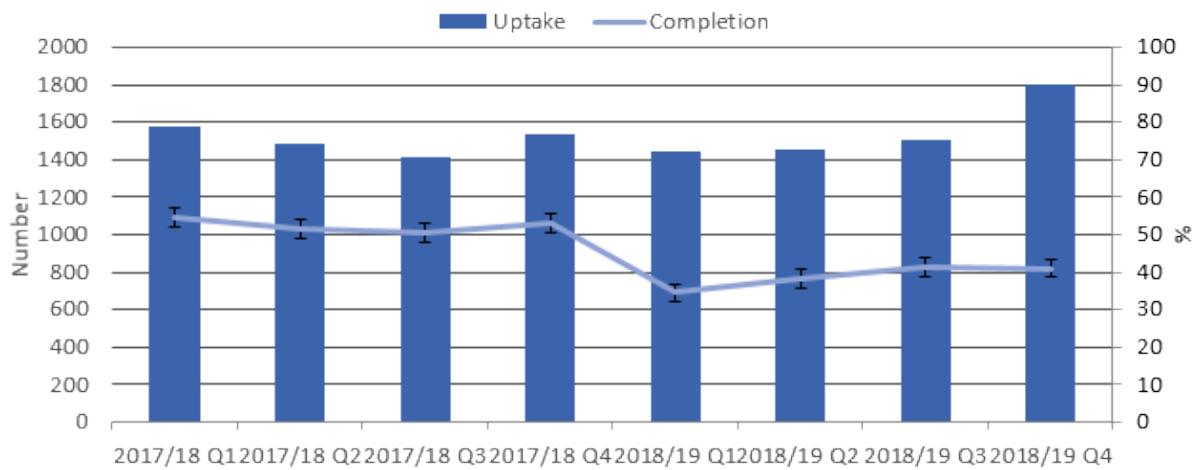
Assessment	Actions
<p>The uptake of weight management services does varied due to seasonal trends. There is always an expectation of lower completer numbers in Q4 due to the significant increase of new service users in January (new year) period, who would not have completed the 12 weeks within the quarter, the outcomes will be reflected to Q1.</p>	<p>As the existing contracts with Slimming World and Weight Watchers have come to an end. There will be a gap reporting as the service will move to single provider.</p>

PH3 Further detail and associated outcomes	Hertfordshire previous	Hertfordshire latest	Change	Hertfordshire compared to		
				England	Similar LAs	Districts
Excess weight in adults (%)	60.15 2015/16	59.74 2016/17	↓	61.29	5 /11	0 9 1
Adults getting enough physical activity (%)	64.70 Nov 2016/17	64.20 May 2017/18	↓	-	6 /11	- - -
Diabetes recorded prevalence (%)	5.46 2015/16	5.66 2016/17	↑	6.67	4 /11	- - -

Service Summary: adult health improvement (*excl. tobacco control*)

- Revised CQUINS and Quality Metrics are either agreed, or in the process of being agreed, with CCG partners. These contracts require the NHS to provide information and support to promote behaviour change (Making Every Contact Count) with patients.
- As well as supporting commissioned stop smoking services in primary care, HHIS continues to provide a high-quality service to those requiring intensive support to stop smoking; including flexible support for pregnant women, clients with mental health conditions and highly addicted smokers.
- Following funding from the British Heart Foundation, HHIS is working with key stakeholders to deliver a project to identify the 30% of Hertfordshire residents who do not know that they have high blood pressure and are at increased risk of heart attack or stroke (launched on 1.4.2019).
- The delivery of NHS Health Checks for public sector employees. This has been extremely well evaluated by HCC colleagues and others since its launch in October 2018.
- Promoting workplace health through recruitment and training of HCC workplace health champions

PH4: Smoking Cessation: uptake and successful quits



The numbers entering stop smoking services remains stable and work is ongoing to increase completion rates.

Assessment	Actions
<p>Hertfordshire stop smoking services annual report was presented to Public Health and Prevention Panel in March. It showed that a disproportionate number of routine and manual workers, people with mental health conditions and smokers who live in the most deprived communities accessed stop smoking services. Services uptake is comparable to Q3 2017/18. However, data quality from providers needs to be improved.</p>	<p>Work is continuing to ensure that the most addicted smokers and those at greatest risk get specialist support through targeted interventions. Work is being developed with emerging Primary Care Networks to support this. HHIS is working with Lower Lea Valley PCN and is currently running 4 stop smoking clinics. Referral pathways, clinical searches and text messaging are being promoted with GP practices.</p> <p>Work is also ongoing to improve service delivery and data quality from our commissioned service providers.</p>

PH4 Further detail and associated outcomes	Hertfordshire previous	Hertfordshire latest	Change	Hertfordshire compared to		
				England	Similar LAs	Districts
Smoking prevalence in adults (%)	13.46 2016	12.67 2017	↓	14.87	● 5 /11	● 10 0
Smoking prevalence in adults in routine and manual occupations (%)	28.89 2016	24.60 2017	↓	25.72	● 7 /11	● 10 0
Mothers who smoke at time of delivery (%)	6.84 2016/17	7.13 2017/18	↑	10.8	● 2 /11	● 9 0

Service Summary: tobacco control

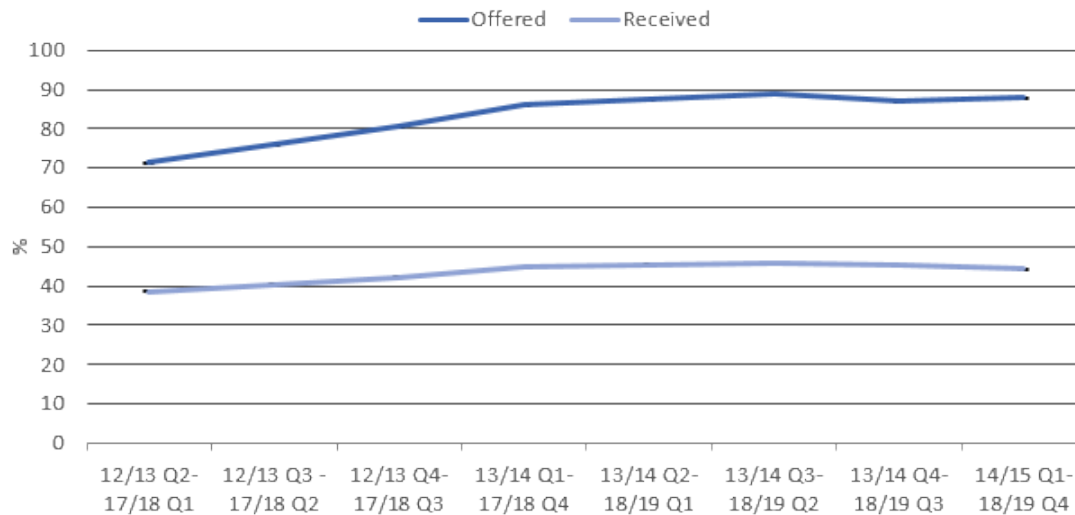
Hertfordshire Tobacco Control Alliance members have agreed new priorities for 2019-2022. A paper was presented to Public Health and Prevention Panel in May 2019, recognising the key achievements and the reduction in smoking prevalence overall. Key Priorities:

- Engagement of partner organisations to improve the health of their staff and the people they serve
- All frontline staff to deliver Making Every Contact Count (MECC)
- Reducing smoking in routine and manual workers
- Reducing smoking in mental health service users
- Reducing smoking in pregnancy
- Reducing smoking in people with long term conditions

Specialist stop smoking services delivered by Public Health’s Health Improvement Team will be prioritising the access and support of the most addicted smokers, working in partnership with CCGs and emerging primary care networks.

An innovative smoking in pregnancy intervention developed with midwives 'Lifeline to Baby' launched in March 2019. This tool ensures that pregnant smokers and their partners know the real risks of harm from smoking and promotes quitting. £5k and £15k funding has been received from HEE. The former has been used to develop and print MECC resources; the later has been used to develop an interactive training resource. This is being developed in conjunction with Keele University and will be launched during July 2019.

PH5: NHS Health Checks: invited and delivered

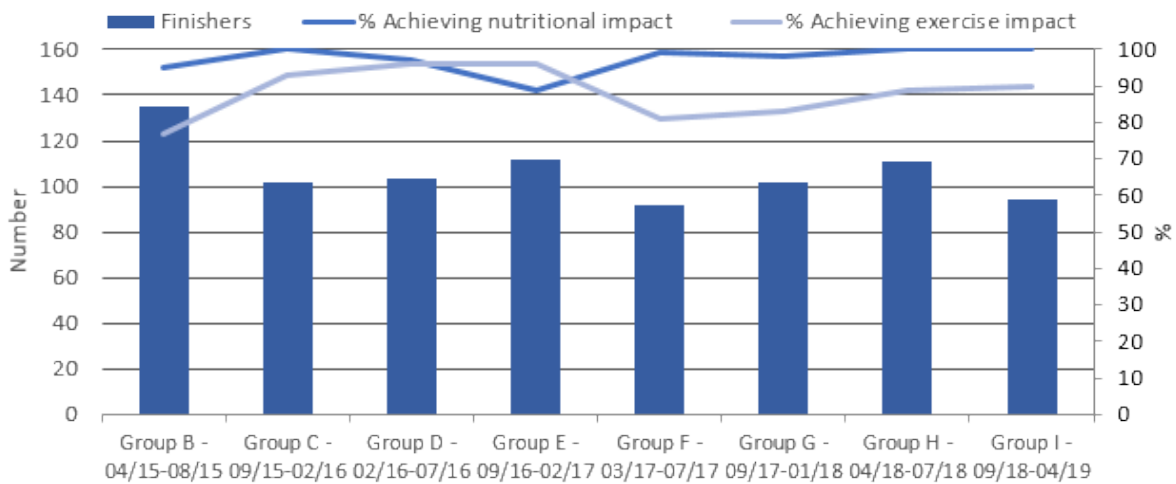


300,349 Health Checks have been offered and 152,172 delivered since Q1 2014/15 (5 years rolling programme)

Assessment	Actions
<p>Up to and including Q4 2018/19, 88% of the eligible population has been offered a Health Check in the last 5 years, compared to 85% for England and a Public Health England target of 100%. Hertfordshire’s eligible population increased from 339,682 in 2017/18 to 342,243 in 2018/19. In Q4, 8,745 individuals were invited for a Health Check and 5,962 individuals received one; 68% of those offered a Health Check received one compared to 47% for England in Q3 (Q4 England data not yet available). There are differences in how GP practices invite patients, and not all offers are recorded.</p>	<p>Maintain relationships with the LMC and GP practices who are currently the main provider. A 5-year rolling programme began in Q1 18/19 and practices are required to prioritise their invitations based on a patient's risk of heart attack, stroke, or other measures of need. To offer an NHS Health Check to individuals who would otherwise not receive one, HCC's Health Improvement Service started delivery of Health Checks in Q3 2018/19, starting with HCC employees and rolling out with other public sector employees during Q4. This was agreed with the STP CVD Prevention Board. Health Checks are in the process of being delivered to all district and borough council staff and NHS hospital staff.</p>

PH5 Further detail and associated outcomes	Hertfordshire		Change	Hertfordshire compared to		
	previous	latest		England	Similar LAs	Districts
Eligible population offered an NHS Health Check (%)	81.09 2014/15 Q1 - 2018/19 Q2	83.81 2014/15 Q1 - 2018/19 Q3	↑	85.21	●	8 /11
Eligible population taking up offer an NHS Health Check (%)	50.39 2014/15 Q1 - 2018/19 Q2	50.63 2014/15 Q1 - 2018/19 Q3	↑	47.95	●	3 /11
Eligible population receiving an NHS Health Check (%)	40.86 2014/15 Q1 - 2018/19 Q2	42.44 2014/15 Q1 - 2018/19 Q3	↑	40.86	●	4 /11

PH6: Children's Healthy Weight: uptake and outcomes



The Beezee Families programmes are running well. Retention rates since the service started have exceeded expectations. For the Group I the retention rate was 85% (75% required).

Assessment	Actions
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82% of participants showed a reduction in BMI Z Score from the start to the end of the programme. This indicates that their BMI is now closer to their normal growth pattern than it was when they started the programme. As shown on the graph over 80% of families feel that the programme will help them to eating healthier and to do more exercise. 100% of parents and children rate the service as good or excellent or excellent.

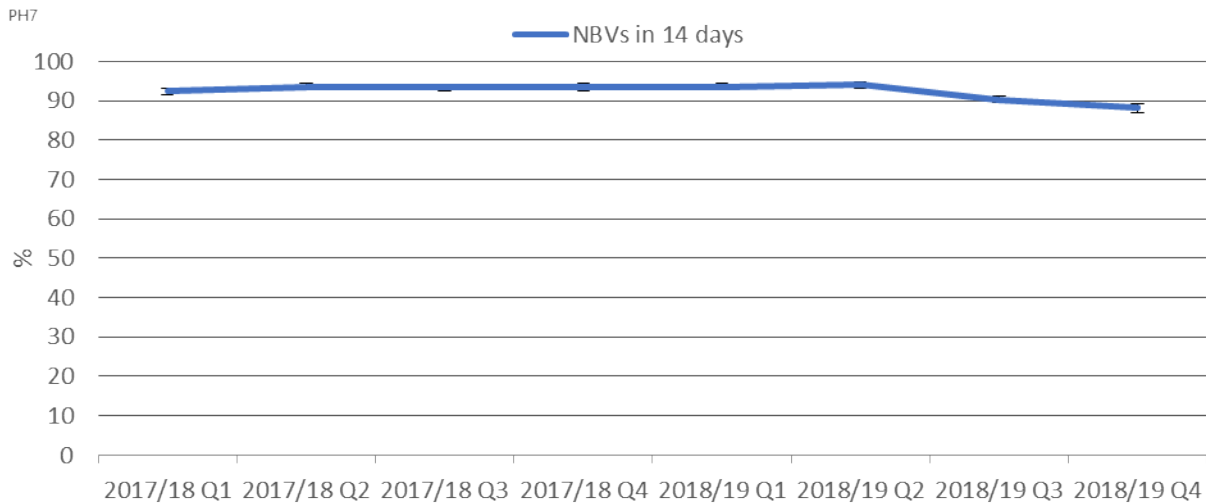
Programme J has just finished, with the graduation taking place in July 2019. Programme K will start in September. This will be the last programme on the current contact. The Beezee Families programmes will continue to run until March 2020.

Service Summary: children and young people

The Children and Young People's team has delivered the following:

- worked with providers from the Family Centre Service to develop a promotional film about the new service
- ensured that the Public Health Nursing Service 5-19 years (school nurses) rolled out across the county a new online health needs assessment for reception year, year 6 and year 9. This has been well received by pupils, families and schools.
- continued the school pastoral leads network
- led the development of a multi-agency strategy to promote mental health and wellbeing of children and young people
- continued implementation of the Just Talk campaign (boys' mental health) including developing a short film.
- worked with partners to increase the number of primary schools that are delivering the Daily Mile to over 200 schools.

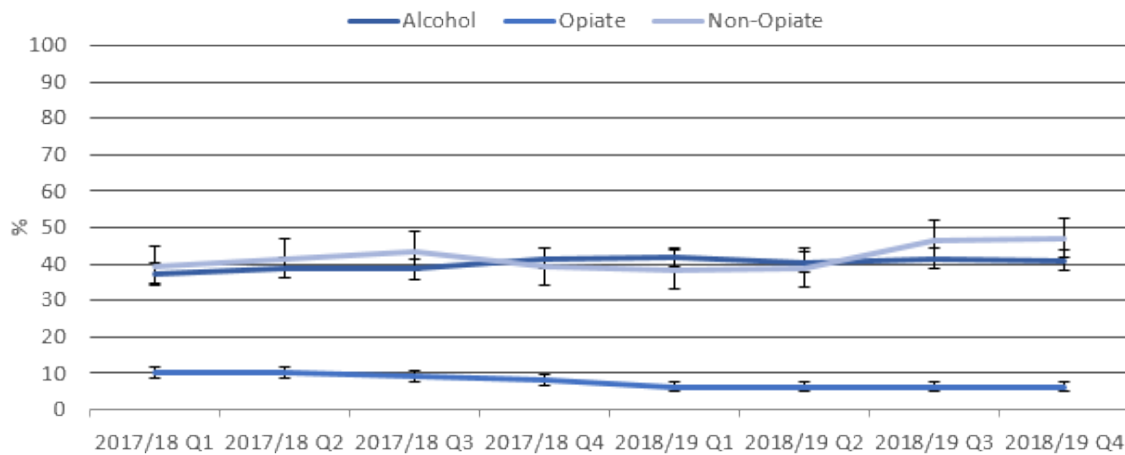
PH7: Health Visitors: new birth visits (NBV) within 14 days of birth



In Q4, 2844 new birth visits were carried out within the required timescale of 14 days. Performance in this quarter was 88.2%. Over the whole year, performance average was just above the target of 90%.

Assessment	Actions
<p>All families are offered a NBV. The % seen in Hertfordshire within 14 days is above the national average and we compare well in comparison to our statistical neighbours. Some do not receive an NBV within 14 days due to their baby remaining in hospital at this time or due to personal choice/circumstances. Those families who are not seen at this time are offered a further appointment and 98%+ of all families in Hertfordshire receive an NBV.</p>	<ul style="list-style-type: none"> <li>• This indicator is a KPI for the Public Health Nursing Service.</li> <li>• Continue with contract monitoring for Public Health Nursing Service to maintain performance and identify issues early.</li> </ul>

PH8: Successful completion of drugs & alcohol treatment - alcohol, opiate, non-opiate



Over the last 12 months, Hertfordshire has achieved 966 out of 3464 (27.89%) successful completions of drug and alcohol treatment which is higher than the National average of 21.08%

Assessment	Actions
Individuals achieving a successful completion outcome demonstrate significant improvements in health and general wellbeing. Each Local Authority has been assigned 32 revised comparator areas (LOC's) which are those areas most similar to Hertfordshire in terms of complexity of those in drug and alcohol treatment. As of January 2019, Hertfordshire's position in comparison to the LOC's performance for successful completions and representations is	In quarter 4, Hertfordshire remains slightly outside of the top quartile range for successful completion rates for Opiates. Hertfordshire are now also slightly outside of the top quartile range for alcohol but are within the top quartile ranges for non-opiate and alcohol and non-opiate. Action- To continue to monitor successful completions rates by provider, particularly for opiates and to develop and implement any necessary actions to improve performance in order to remain within top quartile

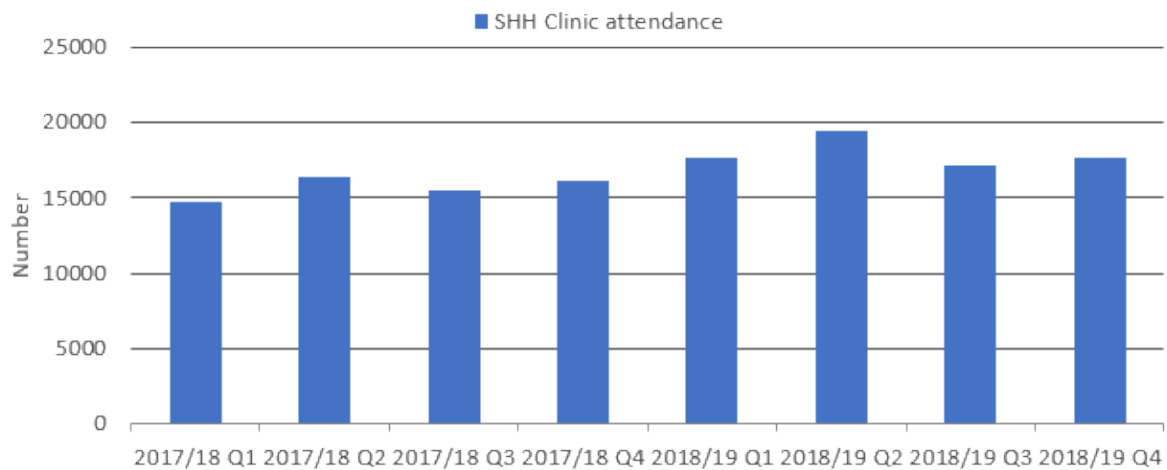
PH8 Further detail and associated outcomes	Hertfordshire previous	Hertfordshire latest	Change	Hertfordshire compared to England	Similar LAs	Districts
Successful completion of drug treatment - alcohol users (%)	37.79 2016	39.64 2017	↑	38.92	3 /11	- - -
Successful completion of drug treatment - opiate users (%)	9.02 2016	9.30 2017	↑	6.5	2 /11	- - -
Successful completion of drug treatment - non-opiate users (%)	40.28 2016	37.53 2017	↓	36.9	6 /11	- - -

Service Summary: health protection and resilience

- The Annual Report for Health Protection 2018-19 is now at the final draft stage.
- Work is in progress on a range of priorities for 2019/20
- We continue to work with other HCC departments and external partners to ensure preparedness for major health protection events, such as pandemic flu and participate in exercises to test plans.
- The project to map and review health protection assurance is in progress.
- An autumn workshop is in development to explore current priorities and equality in health protection.
- We continue to participate in multi-disciplinary Incident Management Teams on environmental hazards & poor care. We currently have two active incidents and have mobilised our contracted providers to support the responses.
- Work continue with the new all-age drugs and alcohol treatment provider to link with TB 'find and treat' pathways.



## PH9: Sexual Health Hertfordshire: Attendance at sexual health services (including online)



Attendance to sexual health services has not significantly changed in Q4

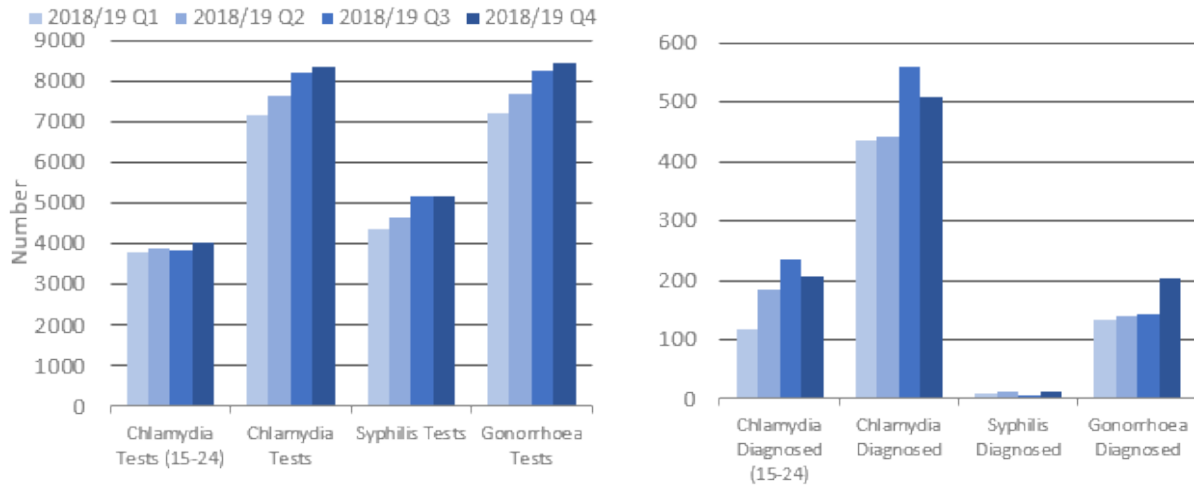
Assessment	Actions
The number of attendances at Sexual Health Services has not significantly changed in Q4.	Continue to triage patients into services, directing asymptomatic patients to on-line services when appropriate. Develop a short film to inform patients about on-line testing with an aim to reduce numbers of repeat testing (within 3 month period)

#### Service Summary: sexual health

We are continuing to deliver actions within the Sexual Health Improvement Plan:

- Launched on-line STI testing in February 2018.
- Clinic U – Specific clinic for LGBTQ patients in Watford and Stevenage.
- Access to Long Acting Reversible Contraception (LARC) available through commissioned GP practices.
- Promotion of LARC is being prioritised especially via Pharmacies providing Emergency Hormonal Contraception (EHC). A needs assessment of those women accessing EHC has been undertaken with a report out in March 2019.
- Self-sampling HIV kits available on-line
- Public Health and Sexual Health Hertfordshire have completed an audit of patients diagnosed late for HIV infection prior to attending the service.
- The Hertfordshire Grid for Learning updated to include more Sex and Relationship Education guidance and Sexual Health information.
- Syphilis Campaign targeting men who have sex with men launched in September. Over 5000 clicks for further information generated in first two months of the campaign.

PH10: Sexual Health Hertfordshire (SHH): STI testing and diagnosis

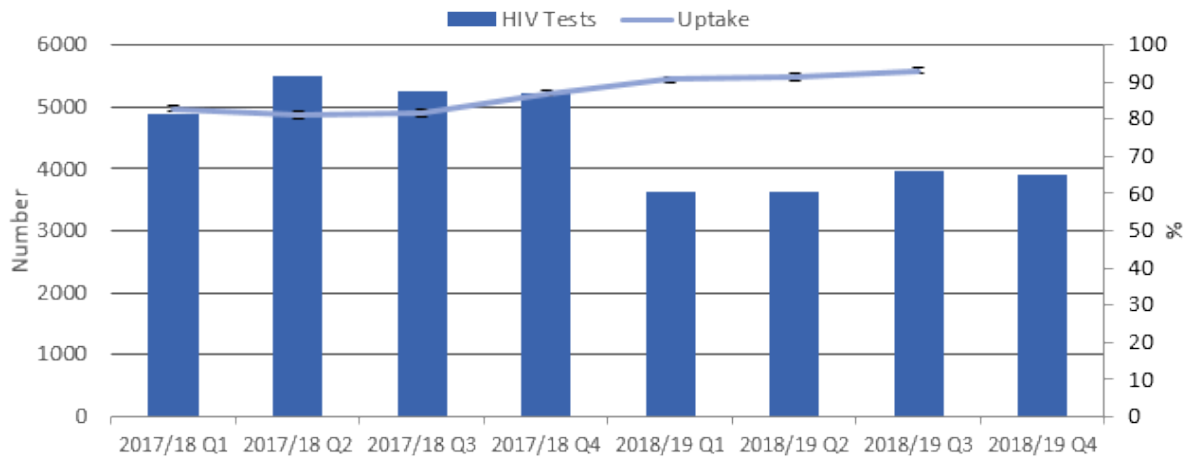


No significant changes to STI testing in Q4, however, Gonorrhoea diagnosis continues to increase.

Assessment	Actions
Gonorrhoea diagnosis continues to increase. Chlamydia testing amongst young people 15-24 increased, however, the number of diagnoses decreased.	Continue to provide on-line testing services. Target sexual health promotion campaigns at those people at higher risk of poor sexual health. Promote the East of England 'Syphilis' campaign targeting Men who have sex with men. Explore more targeted Chlamydia Screening amongst higher risk young people in order to increase diagnosis.

PH10 Further detail and associated outcomes	Hertfordshire previous	Hertfordshire latest	Change	Hertfordshire compared to England	Similar LAs	Districts
Chlamydia detection rate (15-24 year olds) (per 100,000)	1494.30 2016	1441.00 2017	⬇️	1881.90	● 4 /11	2 6 2
All new STI diagnosis rate (per 100,000)	566.40 2016	573.88 2017	⬆️	743.11	● 8 /11	3 4 3
Chlamydia diagnosis rate (per 100,000)	247.62 2016	246.43 2017	⬇️	361.29	● 7 /11	2 6 2

PH11: HIV Testing Uptake

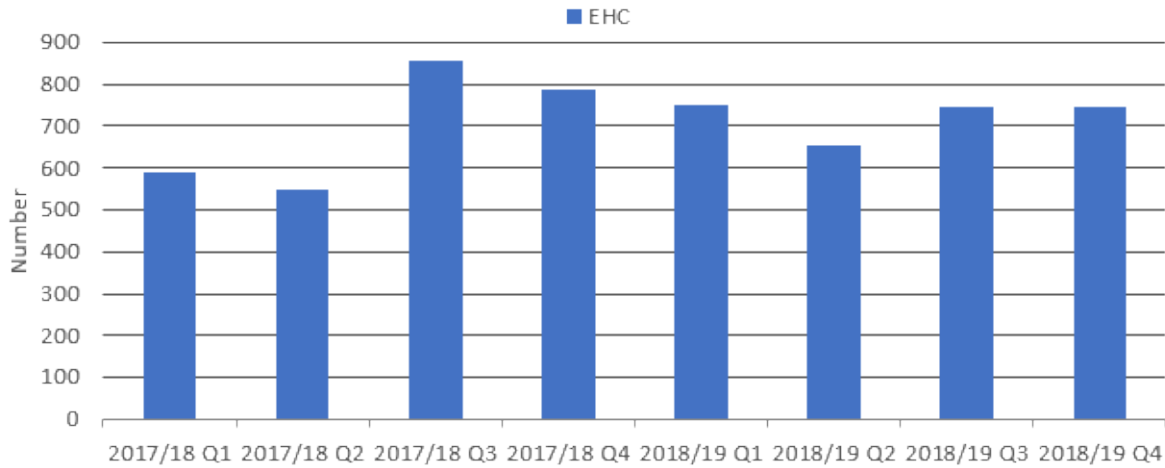


HIV tests offered to patients has decreased in clinical based services.

Assessment	Actions
Number of HIV tests offered to patients has decreased slightly in Q4, with the number of those accepting to be tested being similar to Q3	Continue to offer HIV testing in all clinic-based services. Continue to provide access to on-line HIV testing via the National Home Sampling Service. Promote the importance of testing via community HIV support services and social marketing campaigns. Support development of East of England HIV Late diagnosis strategy

PH11 Further detail and associated outcomes	Previous Herts. figure	Hertfordshire latest	Change	Hertfordshire compared to			
				England	Similar LAs	Districts	
HIV late diagnosis (%)	42.86 2014 - 16	43.90 2015 - 17	⬆️	41.12	●	5 /11	0 10 0
HIV diagnosed prevalence (per 1000)	1.62 2016	1.64 2017	⬆️	2.32	●	9 /11	3 6 1
New HIV diagnosis rate (per 100,000)	8.52 2016	7.03 2017	⬇️	8.66	●	10 /11	1 9 0

PH12: Emergency Hormonal Contraception (EHC) provided by pharmacies

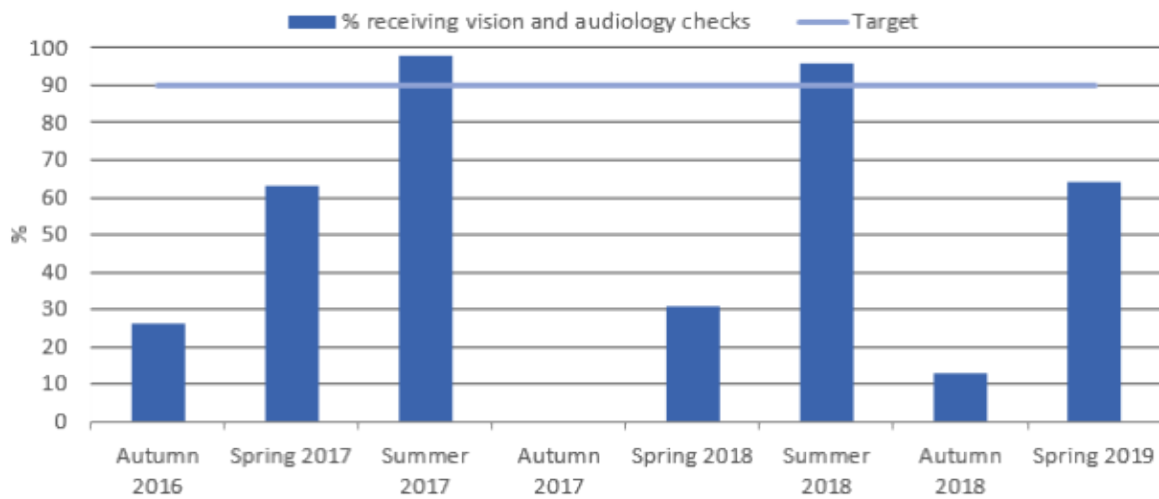


Q4 has seen an increase in number of EHC provided by Pharmacies.

Assessment	Actions
Q4 has seen a slight increase in number of EHC provided by Pharmacies.	Provide free condoms and sexual health information in the AL10 area. Support Pharmacies to offer greater aftercare support to those women accessing EHC e.g. how to access local contraception services, what contraception is available Promote sexual health services amongst those pharmacies, where women purchase EHC, to ensure they receive accurate information and support.

PH12 Further detail and associated outcomes	Previous Herts. figure	Hertfordshire latest	Change	Hertfordshire compared to					
				England	Similar LAs	Districts			
Under 16 conceptions (per 1000)	2.70 2015	2.20 2016	⬇️	3.00	●	6 /11	-	-	-
Under 25s choosing long acting contraception (exc. injections) (%)	16.96 2016	20.11 2017	⬆️	21.57	●	5 /11	2	6	2
Under 25s having repeat abortions (%)	26.65 2016	26.63 2017	⬇️	26.67	●	8 /11	-	-	-

PH13: Reception year children receiving vision and audiology screening



In Quarter 4 Public Health Nursing had delivered 64% of the target for vision and audiology screening, on track to meet the 90% target.

Assessment	Actions
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All children in mainstream schools are offered a vision and audiology screening during the reception year. Those children who are not seen during the autumn term are offered a further appointment later in the school year. Children that need further follow up are referred to specialist Ophthalmology and/or Audiology services.

Delivery of vision and hearing screening for reception year is a KPI for the Public Health Nursing Service. Continue with contract monitoring to maintain performance and identify issues early.

## Service Summary: commissioning

- Public Health is currently engaging with the provider of Sexual Health Hertfordshire, Central London Community Healthcare NHS Trust. The provider has been asked to identify significant savings. Dependent on the proposals received, Public Health may take a decision not to extend the current contract beyond its natural expiry date of March 2020, and may instead go out to tender for a newly specified service.
- Following discussions with the provider of the Warmer Homes Project, Public Health is bringing in-house the co-ordination of the project. This will involve letting contracts for energy efficient interventions to be installed in the homes of vulnerable adults across the county. Supported by funding from major energy suppliers and supplemented by funds from district and borough councils, Public Health will be directly awarding a contract for this provision, whilst we undertake a competitive process to establish a framework of installers.
- We are developing new contracts for delivery of Public Health interventions by GPs and community pharmacies. Current contracts with GPs will expire in March 2019, and new contracts will be developed in collaboration with the LMC and LPC which act as umbrella organisations for these providers, before sending contracts to individual practices and pharmacies

## Service Summary: CCG support

Public Health input to the Beds, Herts, West Essex and Milton Keynes Priorities Forum – attending meetings and contributing to policy development

- Support to the CCG in regards to implementation of policies from the Priorities Forum
- Public Health support to CCGs in responding to Enquiries, Complaints and FOIs
- Attendance and participation in various committees (Commissioning Executive, Quality Committee)
- Involvement in CCG policy development where PH input required
- Work to support NHS service commissioning, decommissioning, redesign of pathways
- Conducting audits within Trusts/service providers on behalf of the CCG
- Evidence and intelligence support to Individual Funding Requests
- Ad hoc advice re various issues of a public health nature

## Service Summary: delivery and resources

Priorities for this quarter have been:

- Integrated Planning budget updates
- HCC integrated working – building health considerations into the work of other departments
- ACS/PH Collaboration – work to identify shared priorities and joint working opportunities
- Input into ACS Learning Disabilities Partnership Board
- HAFLS Joint Working – learning opportunities for vulnerable people such as ‘how to cook a healthy meal’

Partnership Working (external partners)

- District Partnership. Completion of Phase 3 projects and roll out of ‘Healthy Hubs’ over next 2 years
- Facilitation of the University of Hertfordshire masterclasses, liaison group and website

Management of Prevention related projects:

- Dog Therapy Projects - Hertfordshire Leading The Way
- Employment – a review of how Hertfordshire County Council supports people to be employment ready
- Social Prescribing Social Marketing – a campaign to encourage health professionals to signpost people to community activities as an alternative to medication
- Behavioural Science web pages & toolkit – development of a psychological tool kit to help staff at HCC produce effective and impactful communications
- SMART Staff Volunteering – a programme to encourage staff to do voluntary work which supports staff well-being

Project Management of the following:

- Herts warmer homes
- Child weight management trailblazer
- NHS Health Checks
- Child Weight Management
- Just Talk Campaign
- Suicide prevention
- Adult Weight Management Service
- Emergency Hormonal Contraception questionnaire
- LARC prescription savings
- Sexual Health project plan (to underpin the new strategy)
- Re modelling the sexual health service
- Workplace health

## Service Summary: evidence and intelligence

- An Assistant Public Health Analyst, part-funded by YC Herts, is now in post working on the Hertfordshire Young People's Health Survey and analysis of school health data.
- Work is ongoing on a number of evaluations, including the Sport England-funded Active Ageing project; the Public Health Partnership Fund (District Offer), Hertfordshire's social prescribing initiative and an ACS assistive technology pilot.
- Work is underway on a number of Joint Strategic Needs Assessment (JSNA) reports, including: Looked after Children, Learning Disabilities, Cancer, and Mental Health & Wellbeing.
- JSNA Briefings looking at key health challenges in the county and the housing support needs of those who are, or at risk of becoming, homeless are underway.
- Work is ongoing to shape the role of PH intelligence in the Integrated Care System.
- A workshop was held with the County Community Safety Unit to kickstart a joint piece of JSNA work pertaining to the needs of those whose drinking places them at higher risk of harm but who don't meet the criteria for existing alcohol treatment services.
- ACS have funded the team to provide additional hours of specialist advice and support around evaluation. This work is underway and the future of this provision is being discussed.
- Planning is underway to provide evaluation support for the forthcoming Behaviour Change Unit.
- Planning work is underway for a new CCG localities health needs report.
- Intelligence work is underway to support the refresh of the STP strategy.

## Service Summary: prevention, training &amp; healthcare

- A STP Population Health Management (PHM) Workstream has been established with Prof Jim McManus as SRO. The aim of the workstream is 'to enable decisions about care delivery for our individuals and populations that are based on evidence and outcomes the PHM programme will implement the infrastructure and intelligence to provide a single collection point and source of information.' The workstream has agreed four work programmes each led by CCG/NHS leaders to deliver a work programme aligned to the aim and vision of the programme. The sub groups are focussed on the following areas:
  - Vision mission and approach
  - PHM Data Recording & Extraction
  - Data warehouse
  - Analytical Capacity and Capability
- Hertfordshire continues to be a recognised training location for the East of England Public Health Training Programme. There are currently five registrars based in the team, and two are undertaking full time study for a Master's in Public Health. The registrars support a range of projects, e.g. contributing to JSNA, clinical policies for CCGs and supporting various projects.